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Information Sheet HM03

Information for participants and workers

Transitional home modifications - Streamlining your return home

What are transitional home modifications?

Transitional home modifications are adjustments made to your residence, to facilitate your transition back home during rehabilitation. Whether it's for a brief day trip, a weekend stay, or a permanent discharge from the hospital, these modifications are tailored to your immediate needs and completed promptly. They typically include:

- Ensuring access into your home.
- Providing access to essential facilities like bathrooms and toilets, which might involve installing portable alternatives.
- Creating a comfortable and functional living space within your home environment.

What is the purpose of transitional home modifications?

The primary aim of transitional home modifications is to help you return to your home while ensuring safety and comfort. Beyond this, they serve to reintegrate you into the familiarity of your home surroundings and community, supporting your recovery process.

Should you require further adjustments or modifications, our process allows for ongoing evaluation and modification even after your initial return home. You can request a review of your home's adaptation needs at any point post-hospital discharge by reaching out directly to your dedicated icare representative.

When are transitional home modifications completed?

When you are ready to discuss home modifications, one of the home modifications team will meet with you to discuss your possible home modification needs and options. Once this meeting has happened, we will organise for an assessment of your home to see if it is possible to complete transitional modifications.

It is not possible to provide an exact time frame for how long it may take for transitional modifications to be completed as it depends on what specific transitional modifications are needed. We'll work closely with you and your treating team to ensure the transitional modifications are completed as quickly as possible to enable you to go on day or weekend leave and to discharge from hospital.

Who will organise and complete transitional modifications?

After your initial meeting with the home modifications team, an icare Senior Home Modifications Advisor (SHMA), who is an occupational therapist with extensive experience in home modifications, and a Senior Home Modifications Officer (SHMO) a builder who has extensive experience in home modifications, will be in touch with you and your treating team and assess your home for transitional modifications.

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They will discuss their recommendations for transitional modifications with you. If you agree they will organise for builders to quote for and complete the modifications.

Who do I speak with if I have any concerns about my transitional modifications?

You can discuss your concerns with your icare contact at any time during the process.

Further information

If you'd like further information about transitional home modifications, contact us through one of the options below. There is also more information and a series of videos about the home modifications process available on our website. View the videos here: <u>www.icare.nsw.gov.au</u> Go to: injured or ill people > motor accident injuries – Lifetime Care > services and support > home and vehicle modifications.

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